



Heidi Diller, Registered Dietitian, SUPERVALU

Heidi Diller, R.D., serves as the Retail West Dietitian for SUPERVALU and supports all health and nutrition initiatives for Albertsons Southern California, Albertsons Intermountain West as well as Cub Foods. Heidi brings over 24 years of experience and an extensive background in weight management, kids health, heart-health and senior nutrition education to the SUPERVALU team. She is also a mother of two teenage boys, wife and culinary enthusiast, with a passion for making healthy eating fun and delicious. Her mission is to provide customers and associates with inspiring health as well as value-oriented solutions they can incorporate into their shopping experience and everyday lives.

Diller is a graduate of Cal Poly, San Luis Obispo, California with a B.S. degree in Dietetics and Food Administration. She completed her internship at Northridge Hospital in Los Angeles. She is a Registered Dietitian and an active member of the American Dietetic Association (ADA), Dietitians in Food and Culinary and Supermarket Dietitian Practice Groups.

Her passion for nutrition, health and wellness combined with seven years of supermarket expertise has made her a sought after speaker and media spokesperson. Diller has presented lectures to organizations locally and nationally including the ADA's National Food and Nutrition Conference as well as at the Food and Marketing Institute (FMI) National Convention. She has also appeared on over 800 media interviews locally and nationally including KABC in Los Angeles, Twin Cities Live and KARE in Minneapolis and the Tyra Banks Show.

Diller currently resides in Orange County CA. She enjoys cooking, hiking, photography and reading on the beach.