



Amy Campbell

Manager, Clinical Education Programs, Joslin Clinic

Amy Campbell, *M.S., R.D., L.D.N., C.D.E.*, is a registered dietitian and certified diabetes educator and is responsible for the development and implementation of the educational components of overall Joslin's Strategic Initiatives programs, including curriculum, educational material and training program development. Amy has developed and conducted training sessions for various disease management products and programs, including the development and delivery of training programs for case managers.

Amy is a reviewer for patient education materials for the American Association of Diabetes Educators; she recently reviewed the diabetes section in the new American Dietetic Association's Nutrition Care Manual; and she is a member of the nutrition sub-committee of the American Diabetes Association and a member of Joslin Clinic's Patient Education Materials Committee. She co-edited the second edition of *Joslin Guide to Diabetes*, authored *Staying Healthy with Diabetes: Nutrition and Meal Planning* and *Staying Healthy with Diabetes: Weight and Wellness*, and is a review editor for *International Diabetes Monitor*.

Amy is a contributing author to *Diabetes Self-Management* magazine and writes a weekly blog for the *Diabetes Self-Management* website. In addition, she co-authored a book entitled *16 Myths of a "Diabetic Diet,"* published by the American Diabetes Association, for which she received both the Will Solimene Award of Excellence in Medical Communication and the 2000 National Health Information Award. She developed menus for *Fit Not Fat at Forty Plus*, published by Rodale Press, and co-authored a book in 2005 with nationally renowned fitness expert Denise Austin, entitled *Eat Carbs, Lose Weight*, also published by Rodale Press.

Amy has been at Joslin Clinic and Joslin Diabetes Center since 1995 in the role of Diabetes and Nutrition Educator. She has a Bachelor of Science in Nutrition from Simmons College, and a Master of Science in Nutrition Education from Boston University. Ms. Campbell did her Dietetic Internship at Deaconess Hospital in Boston, and has received a Certificate of Training in Adult Weight Management by the American Dietetic Association. In addition to being a Registered Dietitian, she is a Certified Diabetes Educator through the National Certification of Diabetes Educators. She is a member of the American Dietetic Association, the American Diabetes Association, the American Association of Diabetes Educators, the Massachusetts Dietetic Association, the American Medical Writers Association and the American Heart Association - Council on Nutrition, Physical Activity & Metabolism. Amy Campbell is also an advisory board member of CalorieKing, American's leading provider of calorie-centric education tools for food awareness.